

## Fall 2021 Class Descriptions:

Smart Shopping - We will be learning how to comparison shop for groceries and other household items. Using an activity van we will visit different grocery stores in the Eugene area and purchase items for the cooking classes.

Play Fair: We will participate in various cooperative and team building games to help us learn how to trust each other and work as a group. Sportsmanship, fair play, strategy, giving clear instructions and taking

Parks & Rec sampler: We will get to try different activities and classes that are offered by the parks and rec department in the Eugene area. It will be a mix of outdoor and indoor activities, as well as learning about how to sign up for scholarships.

How to be a Lifelong Learner - Learning something new everyday is important throughout your lifetime. We will investigate what you would like to learn, find resources, review learning strategies and then you will practice a new skill.

Plan an event: we will look into, and practice, all the steps required to make an event happen. We will plan some group events, but also encourage students to plan for their own independent ones (Bday party, movie/gaming nights w/ friends).

Map It: there are 2 parts to this class: The first is planning and reviewing trips, and second is to actually go out on trips in our community. We try to visit different places each week and if possible get a little tour, or info about the destination. We will be using the LTD bus.

Who am I? - We will be taking different assessments to discover your strengths, needs and personality types. This will help you decide what goals in life you want to pursue.

Goal setting: Setting goals that you can follow through on can be tricky. In this class we'll break it down into manageable steps, and come up with strategies to be successful working on your goals.

Art of giving - It is important to give to those around you that you care about. In this class students will create arts and crafts items to give to others.

Street Law - As a citizen of the United States it is important that you know your rights and responsibilities under the law. We will discuss different ways the government affects your everyday life.

Find your voice - This class will help you speak up for yourself when you feel you are not being heard.

School store: we will practice typical tasks involved with working in retail. Handling money, keeping a register, customer service etc.

Job Club: Seminars will focus on job readiness skills and behaviors. Students will explore interest areas, how to find jobs, apply for jobs, work on resumes, practice job interviews etc.

Over the Hill - Let's get some vitamin "N" as in nature. We will hike various trails in the Eugene area.

## Vocational

ReStore: ReStore is a fun, active place to get some work experience. Students perform a variety of duties, including cleaning, stocking, pricing, merchandising, and unloading the trucks!

Grass Roots Garden: Students will work at the Grassroots garden with various outdoor tasks. There will be harvest and preparing the garden for the winter.

Cognitopia: Students test Cognitopia Software products such as Goal Guide, Scando and My Life. Students will communicate their experience using these products to the Cognitopia Designers and Developers to improve use.