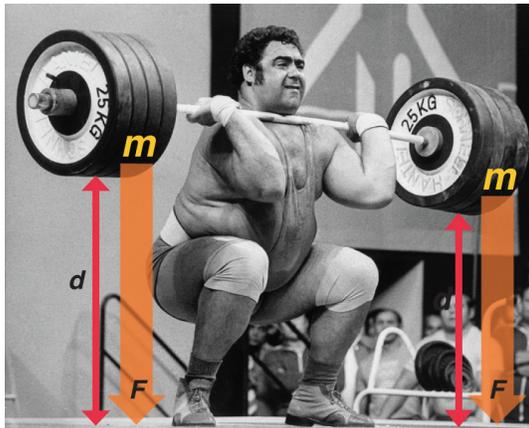


Work and Energy



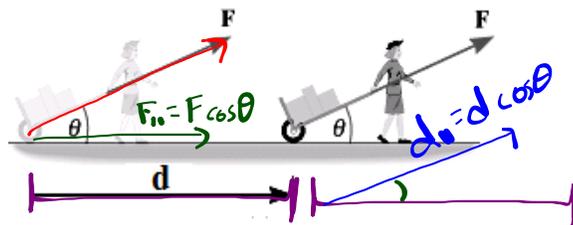
<p>Holding</p> <p>$w=0$</p>	<p>Lifting</p> <p>$w=+$</p>	<p>Lowering</p> <p>$w=-$</p>	<p>Carrying</p> <p>$w=0$</p>
<p>Pushing or pulling horizontally</p>	<p>Pushing or pulling at an angle</p>	<p>Carrying up stairs</p>	

Work:

- 1) Product of a force and the component of the displacement in the direction of the force.
- 2) Product of a displacement and the component of the force in the direction of the displacement. x

Formula:

$$\begin{aligned}
 W &= \vec{F} \cdot \vec{d} \\
 &= F_{\parallel} d \\
 &= F \cdot d \cdot \cos\theta
 \end{aligned}$$



W	F	d	θ
work	force	displacement	angle between F and d
$[N \cdot m] = [J]$	$[N]$	$[m]$	
scalar	vector	vector	

1. Work is a scalar but it can be positive or negative. Explain.

Positive Work:

force and displacement are in same direction

$$(\theta = 0^\circ) \quad \cos 0^\circ = 1$$

Negative Work:

force and displacement are in opposite directions

$$(\theta = 180^\circ) \quad \cos 180^\circ = -1$$

2. Express the units for work in terms of fundamental units.

$$W = F \cdot d \\ = m \cdot a \cdot d$$

$$[\text{kg}] \left[\frac{\text{m}}{\text{s}^2} \right] [\text{m}] = \left[\text{kg} \frac{\text{m}^2}{\text{s}^2} \right]$$

Power:

- a) the rate at which work is done
- b) the rate at which energy is transferred or transformed

Formula:

Alternate Formula:

$$P = \frac{W}{t} = \frac{F \cdot d}{t} = F \cdot v_{avg}$$

P	W	t
power	work	time
$[J/s] = [W]_{\text{watt}}$	$[J]$	$[s]$
scalar	scalar	scalar

1. Express the units for power in terms of fundamental units.

$$[W] = [J/s] = \left[\frac{Nm}{s} \right] = \left[\frac{kg \cdot m/s^2 \cdot m}{s} \right] = \left[\frac{kg \cdot m^2}{s^3} \right]$$

2. A student drags a 20.0 kg box horizontally across the floor at a constant speed for a distance of 3.00 meters by applying a force of 100. newtons for 8.0 seconds. Calculate how much work the student did and how much power was dissipated.

$P = \frac{W}{t}$
 $= \frac{300 \text{ J}}{8 \text{ s}}$
 $= 38 \text{ W}$

$F_N = 200 \text{ N}$
 $F_f = 200 \text{ N}$
 $F_A = 100 \text{ N}$
 $F_G = 200 \text{ N}$

$F_N: W = F_{\parallel} \cdot d = 200 \text{ N} \cdot 3 \text{ m} = 300 \text{ J}$
 $F_f: W = F_{\parallel} \cdot d = -100 \text{ N} \cdot 3 \text{ m} = -300 \text{ J}$
 $F_G: W = F_{\parallel} \cdot d = 0 \cdot 3 \text{ m} = 0$

3. The student then lifts the same 20.0 kilogram box 1.50 meters straight up in the air in 4.0 seconds at a constant speed.

a) Calculate the work he did and the power he used.

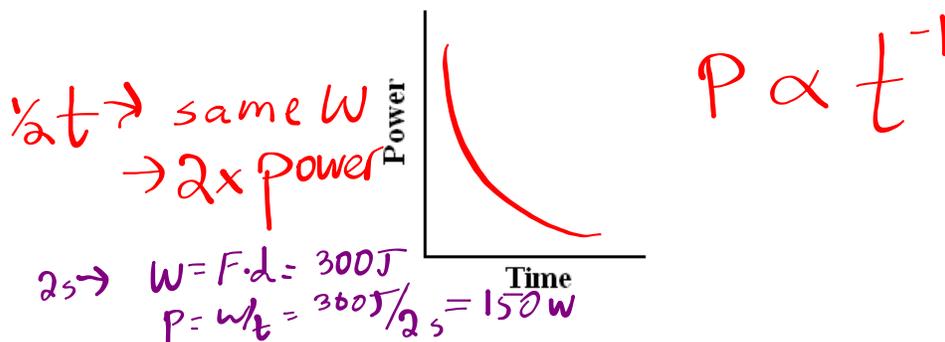
$F \cdot d$

$W_{\text{by stu}} = 300 \text{ J}$
 $W_{\text{by grav}} = -300 \text{ J}$
 $P = 75 \text{ W}$

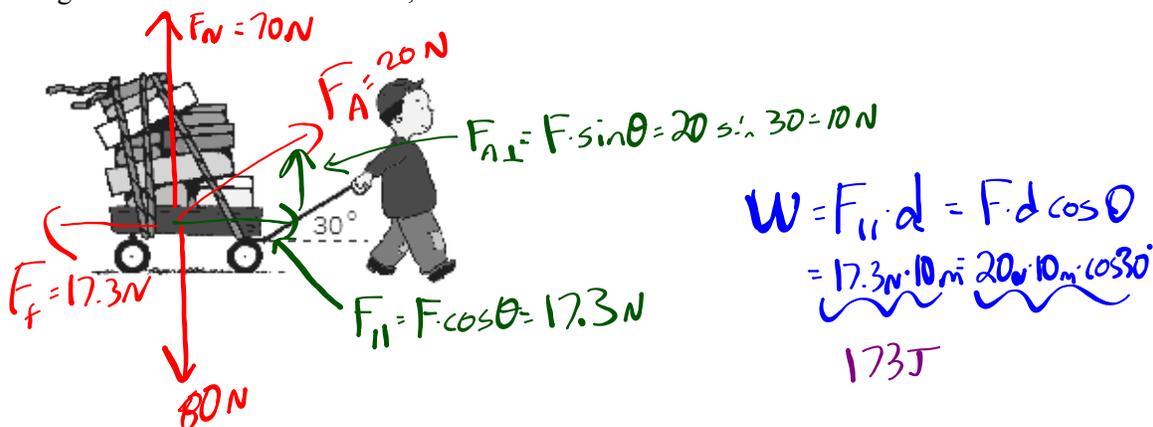
NOTE: When lifting or lowering an object at a constant speed . . .

The applied force is equal to the force of gravity (weight) of the object.

b) A second student lifted the same box to the same height at a constant speed but in only 2.0 seconds. Compare the work she did and the power she generated to those of the first student.



4. If a child drags a 8.0 kilogram wagon for 10. meters by using a force of 20. newtons at an angle of 30° with the horizontal, how much work does he do?



5. A student carries 150. newtons worth of books 10. meters up a flight of stairs which are inclined at an angle of 30° from the horizontal. How much work does he do?

