

Name: \_\_\_\_\_

Hour: \_\_\_\_\_



## Begin with the End in Mind

### How You Would LIKE TO BE in One Year

1.) What would you like to do in your life in this next year?

2.) How do you feel inside? Pick at least 1 emotion from the list to explain how you would like to feel inside and explain why you feel that emotion. (*accomplished, balanced, calm, confident, curious, eccentric, excited, empowered, grateful, happy, interested, lively, loved, open, passionate, peaceful, powerful, proud, understanding, wise*)

3.) What characteristics do you possess? Pick at least 3 characteristics that you would like to possess. At least one characteristic should be something you do not already possess. (*honest, kind, self-control, fairness, cooperative, patient, forgiving, respectful, responsible, loyal, hard-working, open-minded, social, unselfish, reliable, involved*)



# Top 10: BIG Goals

Below list goals that you would like to accomplish throughout your entire life.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.