

# 2017-2018

## *Sheldon High School*

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**MORE INFORMATION ONLINE!**  
**VISIT US AT...**

[http://blogs.4j.lane.edu/sheldon\\_career](http://blogs.4j.lane.edu/sheldon_career)  
For logging in to Naviance, live links, helpful tools,  
to sign up for e-news and updates.

**Log into Naviance from the Sheldon Home Page**

Sheldon High School  
www.shs.lane.edu  
[http://blogs.4j.lane.edu/sheldon\\_career/](http://blogs.4j.lane.edu/sheldon_career/)  
Sheldon High School Career Center  
email: [shelcareer@4j.lane.edu](mailto:shelcareer@4j.lane.edu)

Dear Parents and Students,

Sheldon's Post High School Supplemental Planning Guide has been designed to assist students and parents with college planning and post high school options. There is a vast amount of information and we encourage you to visit our career center website at [http://blogs.4j.lane.edu/sheldon\\_career/](http://blogs.4j.lane.edu/sheldon_career/) where you will find links to:

- ♣ Naviance
- ♣ SAT/ACT
- ♣ Financial Aid
- ♣ Colleges/Universities
- ♣ Community Colleges
- ♣ NCAA/Athletes
- ♣ Common Application
- ♣ Spreadsheets for College Comparisions



If you have questions regarding college planning, please contact Kim Johannsen – Career Center Coordinator and/or Sheldon High School Counselors. To schedule an appointment, please call 541-790-6600 or sign up from the Sheldon website [www.shs.lane.edu](http://www.shs.lane.edu) at the bottom, under Students, Counseling Appointments.

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Sincerely,  
Carley, Michael, Kendra, and Kim

~We would like to thank all of our Sheldon volunteers for their hard work and dedication to our students!

# TABLE OF CONTENTS

## ***Section 1***                      ***Preparing For College***

Important Dates to Remember	3
Resources	4
High School VS College Admission Requirements	5
NAVIANCE	6
Common Application and Naviance	7
SAT vs ACT	8
Merit Scholarships at OSU and UofO	9
Oregon Promise/OSAC	10
FREE College for Financial Need	11
Checklist for the College Bound Junior	12
College Planning Calendar for Juniors	13
Top 10 Checklist for College Bound Seniors	14
Senior Year Timeline	15-16
High School Preparations & Extra-Curricular Activities	17

## ***Section 2***                      ***College Information***

Admissions Requirements to OUS Schools	18
Hints for College Visits	19
Questions for College Visits	20
Tips for College Applications	21
College Application Help Sheet/Financial Aid Quick Tips	22
Financial Aid Cheat Sheet	23
What is Financial Aid?	24
Scholarship Resources & Tips	25-26
Military Information	27
Letter of Recommendation Request Form with Activities Chart	See Naviance or Career Center Website

## IMPORTANT DATES TO REMEMBER FOR THE 2017-2018 SCHOOL YEAR\*

College Visitations at Sheldon High School	September – May
Portland Christian College Fair (Westside High School, Tigard)	September 21 <sup>st</sup> , 6:30
Curriculum Night at Sheldon	September 26 <sup>th</sup> 6 PM
IB Night - Ed Center at District Office	September 25 <sup>th</sup> , 7 PM
<u>FAFSA Application Date <b>NEW START DATE!</b></u>	<u>October 1<sup>st</sup></u>
IB Info Parent Night (Ed Center, District Office)	October 1 <sup>st</sup> 7-8PM
Financial Aid Night	October 3rd 6:30 PM
FAFSA Workshop	October 5th 1-2:10PM
Mid Willamette College Fair – UofO, McArthur Ct.	October 6 <sup>th</sup> 9-11:30 AM
Financial Aid Night	October 3rd 6:30 PM
All School Testing Day & PSAT 10/11	October 11 <sup>th</sup>
National Performing & Visual Arts College Fair (Portland Art Museum)	October 16 <sup>th</sup> 6:30 PM
FAFSA Workshop	October 17th 5:30-7PM
FAFSA Workshop	October 19th 5:30-7PM
Portland National College Fair- Ore. Convention Ctr.	October 29 <sup>th</sup> -30 <sup>th</sup>
OSAC (Oregon Student Access Commission) Scholarship	DUE March 1 <sup>st</sup>
CAS Community Service Fair (South Eugene Cafeteria)	April 19 <sup>th</sup> 7 PM
PNACAC Spring College Fair, University of Portland	April 22 <sup>nd</sup>
AP Testing	May 7 <sup>th</sup> – 18 <sup>th</sup>
IB Testing	May 1 <sup>st</sup> – 19 <sup>th</sup>
IHS Graduation	June 7 <sup>th</sup>
Graduation	June 11 <sup>th</sup>

### TEST

### Test Dates

### Deadlines

#### SAT

[WWW.SAT.ORG/REGISTER](http://WWW.SAT.ORG/REGISTER)

October 7<sup>th</sup>, 2017  
 November 4<sup>th</sup>, 2017  
 December 2<sup>nd</sup>, 2017  
 March 10<sup>th</sup>, 2018  
 May 5<sup>th</sup>, 2018  
 June 2<sup>nd</sup>, 2018  
August TBD

September 8<sup>th</sup>, 2017  
 October 6<sup>th</sup>, 2017  
 November 3<sup>rd</sup>, 2017  
 February 9<sup>th</sup>, 2018  
 April 6<sup>th</sup>, 2018  
 May 4<sup>th</sup>, 2018  
July TBD

#### ACT

[WWW.ACTSTUDENT.ORG/START](http://WWW.ACTSTUDENT.ORG/START)

September 9<sup>th</sup>, 2017  
 October 28<sup>th</sup>, 2017  
 December 9<sup>th</sup>, 2017  
 February 10<sup>th</sup>, 2018  
 April 14<sup>th</sup>, 2018  
 June 9<sup>th</sup>, 2018  
July TBD

August 4<sup>th</sup>, 2017  
 September 22<sup>nd</sup>, 2017  
 November 3<sup>rd</sup>, 2017  
 January 5<sup>th</sup>, 2018  
 March 4<sup>th</sup>, 2018  
 May 4<sup>th</sup>, 2018  
June TBD

\*Always double check testing dates\*

**DO TAKE THE OPTIONAL WRITING TEST.... IT COUNTS FOR SMARTER BALANCE!!!!**

# RESOURCES

## SHELDON CAREER CENTER

[www.shs.lane.edu](http://www.shs.lane.edu)

- ↳ Click on: RESOURCES
- ↳ Click on: CAREER CENTER
- ↳ Click on: SHELDON COLLEGE AND CAREER CENTER WEBSITE AND BLOG

## NAVIANCE

Naviance is our new Post High School online planning tool! You can find help organizing college information, applications, sending transcripts, Common Application, requesting letters of recommendations for colleges, build your resume, explore colleges and careers, find scholarships etc. Students can log in directly from the Sheldon Website and Career Center Website. Password needed? Please see or email counselor with student email address.

## COLLEGE PLANNING & TESTING INFORMATION

ACT: [www.actstudent.org](http://www.actstudent.org) ACT Registration and information

SAT: [www.sat.org](http://www.sat.org) College Board: College search, scholarship search, AP/SAT/PSAT registration and information.

## FINANCIAL AID

FAFSA: [www.fafsa.ed.gov](http://www.fafsa.ed.gov) Free Application for Federal Student Aid

FSA ID: [www.fsa.ed.gov](http://www.fsa.ed.gov) Apply for a FSA ID to complete the financial aid form online (online signature)

OSAC: <http://www.oregonstudentaid.gov/> Office of Student Access and Completion. Opens November 1st



## NCAA~COLLEGE ATHLETES

If you are planning to play sports at the college level, you need to register for the NCAA Clearinghouse. Register spring of your junior year. It is a student's responsibility to ensure they have the right credits earned for their division. There is a cost.

[www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)

## WESTERN UNDERGRADUATE EXCHANGE (WUE)

This program allows students to pay less (generally 150% of that state's in-state tuition) to an out-of-state college to participating 2-year and 4-year colleges. Western States: **Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington, Wyoming**, and the Commonwealth of the **Northern Mariana Islands**) [www.wiche.edu/sep/wue](http://www.wiche.edu/sep/wue)

## CAREER AND TECHNICAL TRAINING

\***Visit the Career Center** – there are a lot of resources about Career and Technical Schools on file.

\*Oregon Promise Grant- FREE two years at any of Oregon's Community Colleges. 2.5 GPA, FAFSA required. NO NEED Required

\*Check out **Lane Community College's** website to find out more about their 1 and 2 year technical programs – there are handout-outs in the Career Center about the many different programs offered at LCC – from Nursing to Mechanics. [www.lanecc.edu/](http://www.lanecc.edu/)

## CSS FINANCIAL AID PROFILE – Not to be confused with FAFSA

Required by *some* universities and colleges. Check first to see if this is a requirement for your schools **before** filling this out. Many of the member colleges, universities, and scholarship programs use the information collected on PROFILE to help them award nonfederal student aid funds. **Not sure if your school accepts this?** <https://student.collegeboard.org/css-financial-aid-profile>

## IMPORTANT DEFINITIONS

### **Early Action (known as Early Notification for U of O)**

You are just sending your college application in *earlier* than the regular application due date. The usual dates for early action are in November, December, or January. The college will then send you it's decision some weeks later. Make sure and check if it is actually *Restrictive Early Action or Single Choice Early Action*. If so, be aware of any additional restrictions – some colleges do not allow you to apply to any other colleges early.

### **Early decision**

You are committing yourself to attending this school if you get admitted. This is for early-bird students who have a clear first choice college. It is a contract between you and the college – if accepted you will withdraw all other college applications and attend the early decision college. You can apply early decision to only one college. Application deadlines are usually in mid-November, with a mid-to late- December decision.

# High School vs College Credit Requirements

## Class of 2018

	<b>High School</b>	<b>Most 4 Year Colleges</b>	<b>Difference</b>
Language Arts	4 credits	4 credits	None!
Social Studies	3 credits	3 credits	None!
Math	3 credits Algebra + 2 Beyond	3 credits Algebra + 2 Beyond	None!
Science	3 credits	3 credits	None!
Applied Fine (includes World Language, Applied Art and Fine Art)	3 credits	2 credits of <u>World Language</u> +ART- CA/AZ Public 1.0 credit +ART- WA Public .5 credit	Note difference by state
PE	1 credit		Not required for college!
Health	1 credit		
Other Subject	6 credits	1-2 Core Credits Check with college for specific core area admission requirements. A <i>core elective</i> may be in the areas of: science, social studies, language arts, math.	*
	*depends on the state you're going to school in		
<b>Total:</b>	24 credits	14-16 Core Credits	

<b>In addition to graduate from high school you will need:</b>	<b>To qualify for a 4-year college you will need:</b>
<p>1. Pass Personalized Learning *Career and Tech class *Other options: Extended Application Plan list in C2</p> <p>2. Meet or Exceed Essential Skills areas of: Reading, Writing, Math (Can be met with the following: Smarter Balance, SAT, ACT, PSAT, PLAN, Work Keys, Accuplacer, etc.) SEE COUNSELOR FOR DETAILS</p>	<p>1. High School Diploma</p> <p>2. GPA (Range 2.75-3.00)</p> <p>3. C- or better in all core classes</p> <p>4. <i>Take</i> SAT or ACT</p> <p>5. Core classes need to be college prep</p> <p>6. Naviance has the academic specifics broken down by subject listed under the "Admissions" tab.</p>

# Naviance

Naviance is a Post High School Planning tool that can be used during high school and after graduation. Family Connections by Naviance, allows students and families to investigate, research, track, and plan for the college admission process. For students doing the Common Application, you *must* go through Naviance. Parent/Guardians have READ access, while your student has READ and WRITE access.

Please see or email your counselor with the following information: student email address, parent/guardian email address. <https://connection.naviance.com/fc/signin.php?hsid=sheldon>

## What is on Naviance?

- **College Search Engine**
- **Learning Style Inventory**
- **Connect Interests to Careers**
- **Career Profiles**
- **Letter of Recommendation Requests**
- **Personality Inventory**
- **Student Profile**
- **Job Resume Builder**
- **Transcript Requests**
- **Scholarships**
- **Scholarship Search Engine**
- **College Planner**
- **College Profiles**
- **College Visits and Dates (with email reminders)**
- **Task Tracking and To Do List**

**As well as so much more...**

Naviance Training for ALL Parents at  
**Financial Aid/Scholarship Night, October 3rd**  
See you there!

# Common Application and Naviance

**NOTE:** Not all schools use Common Application, these are usually private schools....NOT most state schools like Oregon State, Western Oregon. UofO JUST started using the Common Application. Examples of Common App schools in **Oregon** are Willamette, University of Portland, Reed, Linfield, Lewis and Clark and Pacific. See [commonapp.org](http://commonapp.org) for a list of participating institutions.

**If you are applying to schools using the Common Application – This is VERY Important! We cannot send transcripts, letters of rec, etc to Common Application schools without this being done in a timely manner.**

**In your Naviance Account:**

- Under *Colleges I'm Applying To*
- Find **Blue Box** that says **Common Application Matching**
- Step 1 - Create Common Application Account  
[www.commonapp.org](http://www.commonapp.org)
- Step 2 - Sign the CA FERPA Waiver and Authorization  
Lost? Search "FERPA" in the search box and it will give you a step by step.
- Step 3 - Go back to *Colleges I'm Applying to Tab* in Naviance. There should be a **BIG blue box** that asks to match your Common App using your email address and birthdate.

**\*\*The counseling team recommends that you WAIVE your rights to see your recommendations. \*\***

**WHY?** – Because it shows strength of application. If you do not waive your right to see your recommendations, it can act as a red flag for the colleges. They might become suspicious that you are worried about how strong your recommendations might be. Also, some teachers may refuse the write recommendations for you if you do not WAIVE your right to see them.

Also – it is very important that you take time to complete the FERPA in your Common Application. If you do not, we cannot send any of your recommendations.

**Not linking?** Double check that your email address is the SAME one for both your Common Application and Naviance.

## **ALERT! Seniors! ALERT!**

If you are applying to a college that uses the CA (Common Application), CAREFULLY read the instructions on the COLLEGES tab within Naviance. Make sure you have established your REAL email (comcast, gmail, yahoo, etc,.) in your NAVIANCE account.

1. Look up to the upper right
2. Click on the MANAGE MY ACCOUNT link
3. Find the "EMAIL" box and update with your accurate email  
- NOT your 4j EMAIL!
4. Then be sure that your CA (Common Application) account email matches your NAVIANCE email



# SAT VS ACT

	SAT	ACT
S c o r e	<p>Perfect score is 1600 (800 Critical Reading, 800 Math)</p> <ul style="list-style-type: none"> <li>Optional Writing test: scored separately</li> <li>Super scoring possible (takes highest individual scores then combines)</li> <li>Can take test up to 12 times</li> </ul>	<p>Perfect score is 36 (Average of all 4 scores rounded down)</p> <ul style="list-style-type: none"> <li>4 sections: english, reading, math, science</li> <li>Optional Writing test: scored separately</li> <li>Super scoring possible (takes highest individual scores then combines)</li> <li>Can take test up to 12 times</li> </ul>
L e n g t h	<p>5 long sections (comprising 3 "tests" and an optional essay):</p> <ul style="list-style-type: none"> <li>Writing and Language; Reading; 2 Math, Essay</li> <li>Questions have 4 answer choices</li> <li>Total testing time: 3 hours, 50 minutes (with essay)</li> </ul>	<p>5 long sections (comprising 4 "tests" and an optional essay):</p> <ul style="list-style-type: none"> <li>English; Mathematics; Reading; Science; Writing</li> <li>Most questions have 4 answer choices (Math has 5)</li> <li>Total testing time: 3 hours, 25 minutes (with essay)</li> </ul>
S c o r i n g	<p>Combined score: 400-1600</p> <ul style="list-style-type: none"> <li>Evidence-Based Reading and Writing: 200-800: Math: 200-800</li> <li>Essay score reported separately</li> <li>"Cross-Test Scores" report performance on Science and History/Social Studies across entire test</li> <li>No deduction for incorrect answers</li> </ul>	<p>Composite score: 1-36 (average of 4 tests)</p> <ul style="list-style-type: none"> <li>English: 1-36; Math: 1-36; Reading: 1-36: Science: 1-36</li> <li>Writing score not factored into Composite score</li> <li>Combined English/Writing score provided separately: 1-36</li> <li>No deduction for incorrect answers</li> </ul>
W r i t i n g	<p>Revise and edit a piece of writing for, logical structure, and effective rhetoric</p> <ul style="list-style-type: none"> <li>Standard English grammar and usage</li> <li>punctuation</li> <li>logical structure</li> <li>effective rhetoric</li> <li>includes informational graphics</li> </ul>	<p>Revise and edit a piece of writing for, logical structure, and effective rhetoric</p> <ul style="list-style-type: none"> <li>standard English grammar and usage</li> <li>punctuation</li> <li>logical structure</li> <li>effective rhetoric</li> <li>commonly confused words</li> </ul>
M a t h	<p>Pre-Algebra through basic Trigonometry</p> <ul style="list-style-type: none"> <li>strong emphasis on Algebra 2</li> <li>bring an approved calculator</li> <li>formulas provided</li> </ul> <p>Calculator prohibited on one section out of two 12 Grid-In questions (no answer choices) 1 Extended Thinking question (4 points)</p>	<p>Pre-Algebra through basic Trigonometry</p> <ul style="list-style-type: none"> <li>Calculators permitted on all math sections</li> <li>strong emphasis on Algebra 2</li> <li>math tested in straightforward manner</li> <li>extensive range of concepts tested</li> <li>emphasis on word problems</li> <li>formulas not provided</li> <li>bring an approved calculator</li> </ul>
R e a d i n g	<p>Vocabulary de-emphasized</p> <ul style="list-style-type: none"> <li>4 long passages and 1 paired passage</li> <li>2 passages include diagrams/charts</li> <li>1 passage from U.S. "founding document"</li> </ul>	<p>4 long passages</p> <ul style="list-style-type: none"> <li>very little emphasis on vocabulary</li> <li>straightforward questions that require close reading of passage</li> <li>order of questions is random</li> <li>less time per question</li> </ul>
S c i e n c e	<p>The new SAT does <u>not</u> have stand-alone Science section, but Science questions will be included throughout the Math, Reading, and Writing &amp; Language tests.</p>	<p>40 questions distributed over 7 passages</p> <ul style="list-style-type: none"> <li>emphasis on charts, diagrams, etc.</li> <li>Science is a reasoning test—rarely requires prior science knowledge</li> </ul>
E s s a y	<p><b>DO TAKE THE OPTIONAL ESSAY</b> at least once. Scholarships for some colleges WANT this number. 50 minutes, always the last section</p> <ul style="list-style-type: none"> <li>analyze a passage and evaluate author's reasoning and rhetoric</li> <li>student's opinions discouraged</li> <li>Essay is scored on 2-8 scale on three traits (Reading, Analysis, and Writing)</li> </ul>	<p><b>DO TAKE THE OPTIONAL ESSAY</b> at least once. Scholarships for some colleges WANT this number. 30 minutes, always the last test</p> <ul style="list-style-type: none"> <li>narrow topic "relevant" to high school students</li> <li>demands a more structured response</li> <li>optional, but required by most schools</li> </ul>

# Merit Scholarships

## UofO

3.85 GPA  
with 1300 SAT  
or  
28 ACT  
\$9,000 / 4 yrs

### PRESIDENTIAL

Seperate Application Required

**\*\*3.80 GPA or IB**  
with 1260 SAT  
or  
26 ACT

**\$6000 / 4 yrs SUMMIT**

**\*\*3.60 or IB \*\***  
1220 SAT  
or  
25 ACT

**\$3000 / 4 yrs APEX**

## OSU

3.85 GPA  
with 1360 SAT  
or  
29 ACT  
\$10,000 / 4 yrs

### PRESIDENTIAL

**\*\*3.75 GPA \*\***  
with 1300 SAT  
or  
27 ACT

**\$6000 / 4 yrs**

**\*\*3.60 GPA\*\***  
1300 SAT  
or  
27 ACT

**\$3000 / 4 yrs**

**\*\* AUTOMATICALLY considered upon admission.  
BILL GATES could qualify for these....these are NOT NEED BASED.**

# Oregon Promise

- NO financial need required (Bill Gates could qualify)
- Two FREE years of community college (tuition only, not fees/books)

## HAVE to:

- 2.5 GPA
- Complete FAFSA ([www.fafsa.gov](http://www.fafsa.gov))
- Complete APPLICATION prior to March 1<sup>st</sup>  
<https://app.oregonstudentaid.gov/>
- APPLY at a community college in Oregon (choose from 16 different institutions that have transfer degrees and many technical, certification programs)

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## OSAC (Oregon Student Assistance Commission)

500+ Scholarships with ONE Application

- October 10<sup>th</sup> is the day it's posted
- February 15, 2018
  - *Priority deadline for Early Bird*
  - If error-free, enter a drawing for a \$1000 scholarship; many available
  - 5:00 PM (PST)
- April 1st, 2018
  - *FINAL deadline*
  - OSAC Scholarship Applications & all required documents must be submitted to OSAC by 5:00 PM (PST)

<https://app.oregonstudentaid.gov/>

# \*FREE FOUR YEARS of COLLEGE\*

## o \*Tuition and Fees\*

State School:	GPA:	Requirements:
Oregon State ● Bridge to Success	3.0	Meet Pell Grant & Oregon Opportunity grant need requirements
Portland State ● Four Years for Free	3.4	Pell Grant Eligible
Univerity of Oregon ● Pathways	3.4	Pell Grant Eligible

1. Complete FAFSA
2. Meet admission requirements (take the SAT/ACT)
3. Apply to at least one of these schools
4. These are NEED based scholarships

Pell Grant is generally 5500\* EFC (FAFSA Expected Family Contribution). Generally if you qualify for any kind of state assistance then you qualify for Pell Grant. Subject to change by the year. See your counselor if you're unsure of you can qualify. There is NO separate application. Your FAFSA and college application are the ticket in.

Your FAFSA Student Aid Report will tell YOU if you're partial/full Pell Grant Eligible.

# ~CHECKLIST FOR THE COLLEGE BOUND JUNIOR~

## Fall – Winter

1. **Plan** a strong college prep program in high school. Make sure your course selection satisfy college entrance requirements. Meet with your counselor for on-going post high school planning.
2. **Participate** in extracurricular activities, which reflect your academic, personal and career interests. The activities you should choose have a direction/purpose.
3. **Research** specific colleges. Information and assistance are available in the career center. Admissions requirements vary greatly among colleges. Read college guides and catalogs; check college websites; use NAVIANCE (Super CollegeMatch); use College Board's College Matchmaker; visit college campuses; attend Sheldon's college visitation sessions and local college fairs.
4. **Gather** information on financial aid and scholarships; this information is available in the career center, on the internet, and on college's websites. Begin a filing system for catalogs, applications and correspondences.
5. **Take** the PSAT. Review PSAT scores. The PSAT provides an excellent opportunity to practice for the SAT test. (Remember the ACT test is an alternative option to the SAT)

## Spring – Summer

7. **Consult** the College Handbook, college catalogues, or college websites for information on test requirements for admissions: SAT, SAT Subject Test, ACT. Students NEED to take the optional WRITING portion on either the ACT or SAT at least once. You may decide to take your exam in the Spring of your Junior Year. You may take both the ACT and SAT. *Ideally you take the SAT/ACT while taking Algebra 2 or within 3 months of taking it.*
8. **Check** NCAA requirements. They have changed recently and are becoming more demanding. Fill out the NCAA Clearinghouse Application (This costs money). You can do this in June after Junior year.
9. **Plan** a challenging senior year so you will be prepared for college. Even if you have completed your graduation requirements, you should continue taking classes that prepare you for the next level. Colleges also look for indications that a student has taken the strongest possible program by comparing your transcript to the School Profile.
10. **Continue** research on colleges. Plan to visit college campuses during spring break, summer, or during family vacations. Contact College Representatives in the Admissions office to arrange a meeting or a campus tour along with sitting in on a class in your major.
11. **Investigate** ways to use summer productively. Examples: Summer School to fill gaps in preparation; summer enrichment programs; resident summer programs for high school juniors; development of talent, such as art or music; programs which combine travel to other countries, a job related to a possible career. (Info available in Career Center)
12. **Update** your activities chart (download from Naviance). This will help when filling out college applications and when teachers/counselors write your letters of recommendations.
13. **Balance** your life activities so that you do not burn out before your senior year!

# College Planning Calendar for Juniors

## SEPTEMBER

- Get a good GPA all year long! Most colleges base scholarships on Trimester 1's GPA!
- Sign up for the SAT or ACT. **Right after Algebra II is ideal!**
- **25<sup>th</sup>** 6-8 PM Portland Christian College Fair, Westside High School, Tigard

## OCTOBER

- **6<sup>th</sup>** 9 AM-11:30 AM Mid Willamette College Fair at University of Oregon, McArthur Court
- **11<sup>th</sup>** Take the PSAT – All School Testing Day (Scores can count toward graduation requirements!!!) Prepare for this test using *NAVIANCE Prep Me PSAT*
- **3<sup>rd</sup>** Attend **Scholarship/Financial Aid Night**
- **16<sup>th</sup>** National Performing & Visual Arts College Fair - Portland Art Museum 6:30 PM
- **29<sup>th</sup> (9AM-12PM) and 30<sup>th</sup> (1-5 PM)** Portland National College Fair- Oregon Convention Ctr
- Check Career Center for upcoming college visits and college fairs
- Junior Interview in Naviance

## MARCH/APRIL

- Obtain the SAT - SAT Subject - ACT schedules and register for your appropriate test. Make sure you take the optional Writing portion. Scores can count toward your essential skills tests!
- OSAC Scholarship **DUE March 1<sup>st</sup>** (Yes, Juniors can apply! Even Freshman can)
- **22<sup>nd</sup>** PNACAC Spring College Fair, University of Portland
- Take SAT or appropriate test. Prepare for the SAT test using *Khan Academy*.
- Meet with your counselor for on-going post-high school planning.
- AP test sign up starting **March 1<sup>st</sup> through Naviance**, deadline is before Spring Break. Check your Naviance email address for reminders! Remember that you do NOT need to have taken an official AP course to participate.

## MAY

- AP Testing / IB Testing
- Take the SAT or ACT (Can take this up to 12 times). Counselors have WAIVERS for the fees if you qualify for free and reduced lunch.
- Begin to request teacher recommendations if needed (not all colleges or scholarships require these)– form downloadable from Naviance.
- Request catalogs, financial aid materials and applications from colleges.
- Begin a filing system for catalogs, applications and correspondence.
- Call college admissions offices for appointments for interviews and/or tours and attend a class in your potential major(s).

## JUNE/JULY/AUGUST

- Take the appropriate college admissions test at least twice (SAT - SAT Subject - ACT).
- Review catalogs received.
- Prepare tentative list of schools to visit. Share with counselor. Upload list into Naviance using Super College Match or “Colleges I’m Interested In.”

## ~TOP 10 CHECKLIST FOR COLLEGE BOUND SENIORS~

- 1. Arrange a senior conference with your counselor to discuss career/college options and requirements; including graduation requirements and college admissions.
- 2. Continue your research on colleges/post high school plan. Select 2-4 colleges you are seriously interested in attending. Read college guides and catalogues; check college web pages; visit college campuses; attend SHS college visitations and local college fairs. Keep track of all admissions and financial aid deadlines and requirements for each school you plan to apply to.
- 3. Register for the SAT +Writing, ACT +Writing, and/or SAT Subject Tests (Not required for most schools). Consult Naviance, college catalogues, or web pages for testing requirements for admissions.
- 4. You and your parents attend the Post High School Planning Night with OUS (see SHS Calendar). College representatives present on community colleges, 4 year public colleges, and 4 year private colleges. School counselors will go over Naviance.
- 5. Check out Sheldon's career center web site at [http://blogs.4j.lane.edu/sheldon\\_career/](http://blogs.4j.lane.edu/sheldon_career/)
- 6. Fill out Recommendation Form and Activities Form (found in Naviance, left hand side under "Pages") to request a letter of recommendation from your counselor and/or teachers. Only do so if the colleges and/or scholarships you are applying for **require** a letter of recommendation. Make copies of this form after you fill it out and set up a meeting with the staff member you would like to write you a letter. ***This must be done at least two weeks in advance.*** Counselors and teachers are not available to write letters of recommendations over Winter Break, so please plan accordingly.
- 7. Complete the college application process. Decide on whether to do on-line or paper copy. Fill out the application form carefully; confer with your English Teacher or counselor if you need assistance with your college essay; order an official transcript and test scores through the Records Office (\$1.00 per paper copy, \$2.00 to have it sent directly) or through Naviance. Check with teachers and counselor to confirm they have sent your letters of recommendation. Write "Thank You" notes to the people who have written letters for you.
- 8. Gather information on scholarships and other financial aid. Log in to Naviance and use the Scholarship Search Engine and consult the Scholarship list. This is updated throughout the year. Check internet resources; look through scholarship books; talk to your coach; etc. Ask your parents to attend the "Financial Aid Workshop." Submit your FASFA (Free Application for Federal Student Aid) form after October 1<sup>st</sup>, but before November 1<sup>st</sup>. Both you and your parent will have to have a FSA ID to submit your form electronically. ***www.fafsa.ed.gov***
- 9. Wait for acceptance/denial letters and info from colleges regarding financial aid packages. Decide on the college you will attend. Request a final transcript from the Records Office. Notify colleges you got accepted to whether or not you will attend their college.
- 10. Update your Naviance profile of the college you plan to attend and any scholarships you have been awarded. Do your Senior Exit Survey on Naviance – this is mandatory.

# SENIOR YEAR TIMELINE

## SEPTEMBER

- 20<sup>th</sup> Curriculum Night at Sheldon, Naviance presentation given, highlighting Common App
- 26<sup>th</sup> Portland Christian College Fair, 6-8 PM (Westside High School, Tigard)
- 27<sup>th</sup> Scholarship/Financial Aid Night: 6:30 PM
- Check Career Center for upcoming College Visits and College Fairs.
- Check your graduation requirements with your counselor. If you are planning on playing sports in college, check the NCAA Clearinghouse for credit requirements <https://web3.ncaa.org/ecwr3/>
- Obtain the SAT - SAT Subject - ACT schedules and register for your appropriate tests. TAKE the optional writing tests offered with the ACT/SAT. Counselors have waivers for students that qualify for free and reduced lunch.
- Prepare college applications. *Note: Early decision applications are usually due around November 1st.*
- Set up senior interview with counselor.
- Contact an Armed Services Recruiter for info if the military is an option you would like to explore.
- Request teacher recommendations - Pick up form in Career Center, download from Naviance or on the Career Center Website.
- APPLY for the FSA ID <https://fsaid.ed.gov> for the FAFSA

## OCTOBER

- 1<sup>st</sup> - First Day to apply for FAFSA (Free Application for Federal Student Aid) [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- 7<sup>th</sup> Mid Willamette College Fair, University of Oregon McArthur Court, 9 AM - Noon
- 11<sup>th</sup> - **All School Testing Day**: Complete CRLS and Essential Skills tests
- 16<sup>th</sup> - **College Fair** at University of Oregon (9 AM-12 noon) inside McArthur Court
- 29<sup>th</sup> (9 AM-12 PM) and 30<sup>th</sup> (1 PM-5 PM)- **Portland National College Fair**- Oregon Convention Center
- 16<sup>th</sup> - **National Performing & Visual Arts College Fair** at Portland Art Museum (6:30 PM)
- Check Career Center and Naviance for upcoming College Visits and additional College Fairs. **If** listed in Naviance under, “Colleges I’m Interested In,” then you will get email notifications when they visit!
- Attend Open Houses at colleges.
- Register for SAT and SAT Subject - ACT exams! Watch those deadlines!
- Continue to work on applications.
- Check the scholarship bulletins in the Career Center.
- Discuss personal essays with English teachers, parents and others.



## NOVEMBER

- Attend College Fairs.
- Check Sheldon Event Calendar for FAFSA WORKSHOPS with experts from local colleges
- OSAC Scholarship (475+ scholarships) window OPENS: **Oregon Promise and Chafee Grant**
- Speak to College Representatives
- Continue to work on applications.
- Check scholarship bulletins for update.
- Do you need to take the SAT or ACT again? Register NOW! December is the **LAST** time you can take these tests and still qualify for big money at state schools. Make sure you add at least one state school to your score reports.

## DECEMBER

- Review the SAR (Student Aid Report) to make sure the information is correct. You should receive it four



to six weeks after you submit your FAFSA in October **IF** you've applied for colleges.

- ❑ Continue College Application Process
- ❑ Pick up Letters of Recommendations before leaving for Winter Break! Your counselors and teachers are not available to write recommendations or fill out forms over winter break!
- ❑ This is the **LAST SAT** you can take for state schools to receive your scores in time!!!!

### **JANUARY**

- ❑ Check with your prospective college about additional financial aid application forms and requirements.
- ❑ Continue College Application Process
- ❑ Continue Scholarship search

### **FEBRUARY**

- ❑ Provide midyear reports (if required by your colleges) to your school counselor for submission.
- ❑ Start writing thank you notes to college reps that may have gone out of their way to help you, and for teachers that wrote letters of recommendations for you.
- ❑ Continue Scholarship search. Check Community Colleges for Scholarships.
- ❑ Work on **OSAC Scholarship** [www.oregonstudentaid.gov](http://www.oregonstudentaid.gov) 475+ Scholarships with ONE application

### **MARCH-APRIL**

- ❑ **1<sup>st</sup> of March** LAST DAY to apply for **OSAC** (Oregon Student Access Commission) Scholarship.
- ❑ Watch mail for admissions letters and financial aid awards.
- ❑ Compare your admissions offers forms and requirements.
- ❑ If waitlisted, notify the admissions office that you are still interested.
- ❑ Plan summer job, internship or other opportunity for enrichment.
- ❑ Time to make a decision. Most schools ask that you choose a school by May 1st. Make sure to notify your school counselor or the Career Center what college you decided to go to.
- ❑ Register for AP exams.
- ❑ Continue Scholarship search - Many applications are due in the spring.
- ❑ Submit application to community college if that is where you decided to go. Find out when their orientations are.
- ❑ Take placement tests for Community Colleges.

### **MAY**

- ❑ Notify your counselor of any scholarships you have received.
- ❑ Notify (in writing) the schools you have decided not to attend.
- ❑ Make sure you have received the necessary forms for housing, health insurance, financial aid etc.
- ❑ Pursue additional student loan options if necessary.
- ❑ Notify colleges of any private scholarship awards.
- ❑ Mail in deposit to ONE college by their due date.
- ❑ Sign and return the financial award letter if you accept the offer.



### **JUNE-AUGUST**

- ❑ Request your official final transcript to be sent to your new school with the registrar.
- ❑ Request end of year reports from your counselor. Include form and stamped addressed envelope.
- ❑ Double check any final deadlines for housing, financial aid, etc.
- ❑ Accept your financial aid from your school/college.
- ❑ Attend all advising days, open houses, orientation programs that are offered by your college.
- ❑ Send thank you letters to any scholarships you have received.
- ❑ Notify your counselor of where you will be attending or plans for the following year.
- ❑ Congratulations Graduate!
- ❑ Enjoy your summer!!!!

# **HIGH SCHOOL PREPARATION & EXTRA-CURRICULAR ACTIVITIES**

It is important to take academically challenging classes to prepare for college. It is recommended to take advanced level classes such as AP, IB and College Now classes. It is important to research and take the classes required and suggested by the colleges you may apply to. Plan a strong college preparatory program while you are in high school so that you will be prepared for the college of your choice. If you need assistance, please make an appointment with your counselor.

In addition to academic preparation for college, you should also develop interpersonal and leadership skills. What you participate in outside of the classroom may have an impact on your chances of being admitted to a selective college or receiving a scholarship. Colleges often look for activities that compliment your education. Here are some examples of extracurricular activities that some colleges may look for:

## **HIGH SCHOOL EXTRACURRICULAR/ ENRICHMENT ACTIVITIES:**

Band, Sports, Clubs, Drama, Art Shows, Special Presentations, School Leadership, Special Awards/Honors, Foreign Exchange, Summer Enrichment Programs, Travel, Work, etc.

## **COMMUNITY SERVICE / COMMUNITY INVOLVEMENT:**

Volunteer Activities, Job Shadows, Service Organizations, Youth Groups, etc.  
Example: United Way, Food 4 Lane County, Greenhill, etc. BE CREATIVE!!!

\*Colleges are looking for well-rounded individuals. They do not expect a long list of extracurricular activities, but they are more concerned in the quality of the activities you choose and the amount of commitment you have towards your extracurricular activities. It is important to track your activities throughout your high school career.\*

**USE THE DOWNLOADABLE ACTIVITIES WORKSHEET IN NAVIANCE TO BEGIN CHARTING HIGH SCHOOL ACTIVITIES! SAVE TO A GOOGLE DOC FOR USE ON SCHOLARSHIPS AND COLLEGE APPLICATIONS!**



# Oregon Public University System

## Admission Requirements

*Eastern Oregon University, Oregon Institute of Technology, Oregon State University, Portland State University, Southern Oregon University, University of Oregon, Western Oregon University*

### 1. General requirements for entering an Oregon public university include:

Graduation from a public or accredited high school. A satisfactory grade point average (GPA):

High School GPA Requirements for OUS College Admissions <sup>1</sup>						
EOU	OIT	OSU	PSU	SOU	UO	WOU
3.00	3.00	3.00	3.00	2.75	3.00 <sup>2</sup>	3.00

*All OUS institutions conduct more comprehensive reviews of applicants who do not meet the minimum required GPA.*

### 2. Completion of the SAT or ACT:

Minimum test scores are not set, but test results must be submitted and may be used during additional campus review processes. OUS universities require a standardized writing exam. Students submitting the ACT and SAT should submit scores from the optional writing examination also. DO opt in for the writing portion on the standardized tests!

### 3. Subject Requirements:

High school graduates need to satisfactorily complete at least 14 units of college preparatory high school classes (with one unit defined as the equivalent of one year or one credit). This must include 4 units of English, 3 units of Mathematics, 2 units of Science, 3 units of Social Studies, and 2 units of a Second Language, with a grade of C- or above or demonstrated proficiency. Pass/No Pass grades are not accepted. Night school classes at Sheldon do not meet the OUS requirements. Classes at Sheldon which do meet the college preparatory requirements include:

**English (4 units required):** English 9, 10, 11, and 12 (including English 11 & 12 Topic Classes, both regular and honors; AP English; College Now Writing; IHS Literature Classes (grades 9 through 12).

**Mathematics (3 units required, through Algebra 2 equivalent or higher):** Algebra; Geometry; Algebra II; FST; Contemporary Math; Pre-Calculus; AP Calculus.

**Science (2 units required):** Integrated Science, Science Foundations; Biology; AP Biology; Chemistry; College Now Chemistry; Physics.

**World Language (2 units required):** Spanish 1 through 6; French 1 through 6; Japanese 1 through 5; SI Literature and Composition 9 through 12.

**Social Studies (3 units required, including at least 1 unit from Global Studies and 1 unit from US/American Studies):**

US/American Studies: US History; AP US History; IHS History of Americas IB; IHS SI History of Americas IB.

Global Studies: Global Geography; Honors Global Geography; World History; Honors World History; AP European History; AP World History; IHS Global Geography; IHS SI Global Geography; IHS Global History; IHS SI Global History; IHS Values and Beliefs.

Other Recognized Social Studies Classes: Government; Economics; Psychology; IHS Comparative Political and Economic Systems IB; IHS 20<sup>th</sup> Century Global History IB.

It is important to check the particular admissions requirements of any university or college (private or public) to which you are interested in applying. Note that many colleges require additional units in particular subject areas and some require credits in Fine Arts. *Naviance has a section under "Academics" listed under the specific college that lists what each school is looking for.*

**NCAA eligibility requirements** may differ from college admissions and high school graduation requirements. See your counselor for more information and visit [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) (this service does have a monetary charge).

**\*Admission requirements may change from year to year. This is a general guide. It is imperative that you check with the colleges and universities you are applying to for updates on their admission requirements.**

# Tips for College Visitations

- Try to plan your campus visits when the college is in session (spring of junior year or fall of senior year)
- Before you visit the campus, call ahead to make arrangements (tour, meal on campus, and attend a freshman level class)
- Develop a list of questions and plan specific activities to accomplish goals (catch a game, meet with a coach, meet with academic advisor, meet with department head, etc.)
- Plan on being on campus for at LEAST a half day (stay overnight if possible)
- Attend a freshman class in your potential major to get an idea of typical size, potential peers, teaching style, and academic atmosphere
- Take a thorough campus tour and ask LOTS of questions
- Meet with an admissions officer: verify admission requirements, discuss your chances for success, communicate your reasons for applying (take a copy of your transcript if possible).
- Meet with a financial aid officer AND tour scholarship office.
- Meet with faculty in your academic area of interest
- Ask about placement record for graduates in the field you might study
- Identify career planning services for undergraduates
- Talk to students about the general academic environment and the study commitment necessary for success
- Find out what student activities are available
- Inquire about campus life and social activities
- Record your impressions
- Write a thank you note (especially if you met with a professor or coach)



## QUESTIONS TO ASK DURING A COLLEGE VISIT



1. What are your school's most popular majors? (Check to make sure they have the academic programs you want.)
2. What is the typical size of a freshman course? What is the size of the school? The town?
3. Is there a transitions program available to freshman to help them get acquainted with the college?
4. Do you have scholarships available at your school for undergraduates? How do you find them?
5. What kind of academic support is there for students?
6. How tough is it to earn a degree in four years? What percentage of students actually complete their degree in 4 years for my major? What percentage are hired?
7. What is the student living/housing like there? How safe?
8. How much college credit can I earn from my AP courses, IB courses, AP tests, IB tests? (These credits can save you major money IF the college accepts them.)
9. Will my College Now credits count for college credit (transfers from Lane Community College) at your school? (These credits can save you major money IF the college accepts them.)
10. What is the most important in getting accepted into your college? Obtaining the larger scholarships?  
*GPA? Grade trend? SAT or ACT scores? Courses taken? Ranking?*  
*Are SAT Subject Tests required? School involvement and/or community service?*
11. What is the surrounding city/town like?
12. Are there activities and programs going on during the weekends or do many of the students go home during the weekends?
13. Do you have a Greek System (fraternities/sororities)? If so, what is the percentage of students involved?
14. What are the chances of being accepted into your college?
15. What sports (what division are they?), clubs and activities are available?
16. What employers recruit from your school consistently?
17. How much is tuition? Fees?

# TIPS FOR COLLEGE APPLICATIONS

1. If you need a recommendation, ask a teacher or counselor who knows you personally and is willing to write the recommendation. Ask this person for a deadline and provide them with the Letter of Recommendation Resume with all of your personal information **(See Letter of Rec and Activities Chart file within Naviance, left hand side under Pages)** well in advance. Counselors and teachers require at LEAST two weeks of notice for a letter.
2. Make a copy of the original to use as a working application. If you are applying online you can print a copy to use as a draft. Keep an electronic working copy of all your Activities. Google doc is a great tool for this.
3. Follow directions exactly and fill out the application completely. Most college applications are online. In the event that it is a paper copy: read carefully whether you need to use black or blue ink or type your responses. Remember to sign the application if requested. Have a proof reader! Turning in an application with errors can be catastrophic for your admission chances.
4. Make sure you enclose everything the application requests i.e., fees, recommendations, transcripts, OR make arrangements for these items to be sent. The registrar, Mary Livermore has a clipboard for your requests.
5. If someone, like your counselor, is going to submit your transcript or recommendations, make sure you have completed what you need to on Naviance. If it's a paper application (rare), give the person a stamped envelope addressed to the college where the additional forms are to be sent.
6. Have at least one other person carefully proofread both the completed working copy and final application.
7. Keep a copy of the final application for your records.
8. Submit the application online, through Naviance, Common App or mail well before the deadline. Know when the schools begin accepting applications. The sooner your application is submitted, the sooner you will find out if you are accepted.

# College Application Help Sheet

Henry D. Sheldon High School  
2455 Willakenzie Rd.  
Eugene, OR 97401  
CEEB Code: 380-326



Phone number: (541) 790-6600  
Fax number: (541) 790-6605

Trimester Block Schedule –  
for UofO Application  
1 term = .5 credit

**We do NOT Rank**  
**We are on a DECILE system**  
**Naviance (under About Me) will show**  
**you what decile you are.**

## **Graduation Date: June 11<sup>th</sup>, 2018**

Trimester 1 – September 6<sup>th</sup> – November 30<sup>th</sup>

Trimester 2 – December 5<sup>th</sup> – March 14<sup>th</sup>

Trimester 3 – March 19<sup>th</sup> – June 7<sup>th</sup> (For graduating Seniors) June 15<sup>th</sup> for 9<sup>th</sup>-11<sup>th</sup>

## **Counselor Information:**

Kendra Brott  
Carley Boyce  
Michael Voss

Last Name:

A-G                      phone 541-790-6623  
H-N                      phone 541-790-6622  
O-Z                      phone 541-790-6624

[brott\\_k@4j.lane.edu](mailto:brott_k@4j.lane.edu)  
[boyce\\_ca@4j.lane.edu](mailto:boyce_ca@4j.lane.edu)  
[voss@4j.lane.edu](mailto:voss@4j.lane.edu)

## **University of Oregon**

<http://admissions.uoregon.edu/freshmen/> Click on *Apply to the U of O*, and then Click on *Apply Online*  
(you will need to create an account)

## **Oregon State University**

<http://oregonstate.edu/admissions/main/apply-choose-application> Click *Undergraduate Student* (you will need to create an account)

## **Lane Community College**

<https://www.lanecollege.edu/esfs/admissions> Click *First Time in College Student, Credit* (you will need to create an account)

## **Common Application (Used by many PRIVATE Schools and UofO – But NOT for OSU, WOU, SOU, EOU or LCC)**

<https://www.commonapp.org>

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## **Financial Aid Quick Tips**

- 1 – Never pay to fill out your financial aid form. This is a free application.
- 2 – Note the website is “.gov” <http://www.fafsa.ed.gov>
- 3 – Your parents will be estimating their **2016** taxes to fill out the form IF you’re going to school in the **Fall of 2018**.. They do not need to have had to file their taxes yet. *If* there is a significant difference to what they put on this form and what their taxes are, then they can update the form at that time.
- 4 – You can download the FAFSA Worksheet from the above website starting in  
September – **but you cannot submit the FAFSA until October 1<sup>st</sup>**.
- 5 – For priority, you will want to submit the FAFSA in the month of October, November, December....  
Remember – first come first served...in fact all the way to June of 2018. There may not be any more money left though. You **cannot** submit before October 1st. You CAN submit after October 1st but the pot of money starts dwindling and there may not be any more money left.
- 6 – Many scholarships (EVEN merit based) require that you submit the FAFSA form.
- 7 – You will need a FSA ID to sign your FAFSA form as well as your parent. <https://fsaid.ed.gov>



# Financial Aid Cheat Sheet

## Step 1:

Get your FSA ID

Both student AND parents will have separate ID's

[www.fsaied.gov](http://www.fsaied.gov)

Federal Student Aid | PROUD SPONSOR of the AMERICAN MIND®  
An OFFICE of the U.S. DEPARTMENT of EDUCATION

### Create a New FSA ID

An FSA ID gives you access to Federal Student Aid's online systems and can serve as your legal

Only create an FSA ID using your own personal information and for your own exclusive use, behalf of someone else, including a family member. Misrepresentation of your identity to the civil penalties.

To create your own personal FSA ID, enter answers for the questions below and select CONTI

*Important: When you are done click the CANCEL button to clear your data, even if you did not*



## FAFSA & CSS Profile

## Step 2:

### FAFSA and CSS Profile?

Check with the schools you are applying to! Submit as close to **OCTOBER 1st** of your senior year as possible. You can submit to FAFSA all the way to **December 31st of the first year of college** but the money may be gone by then. Due dates for CSS Profile varies by school.

Fill out your financial aid form online at:

**FAFSA (EVERYONE should fill this out)**

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

**CSS Profile (is needed for SOME private schools, check to make SURE)**

<https://student.collegeboard.org/css-financial-aid-profile>

## Step 3a:

Your application goes to Federal Student Aid - then it is processed and sent directly to universities and colleges. **NOT TO THE STUDENT**



## Step 3b:

Fill out College Applications and send to the College/University



## Step 4:

You will get your Student Aid Report (SAR) from the schools you applied to. This will explain any grants and/or loans you qualify for and your Estimated Family Contribution (EFC).

**FREE** money is in the form of grants (example: Pell Grant).

**YOU HAVE TO ACCEPT THE AID THROUGH THE SCHOOL. CHECK EMAIL AND PORTALS FOR DUE DATES**



# What is Financial Aid?

\*Financial aid is money that is given, paid or loaned to you to help pay for your college or vocational training. There are several types of financial aid:

**Grants & Scholarships** - are given as awards and do not require repayment.

**Loans** - are borrowed from a lending institution. You are required to repay the loan amount and interest fees.

**Work-Study Employment** - You may be eligible to participate in work-study employment. This includes an on-campus job which allows you to earn money for your education. Off-campus community service work opportunities are provided through the Federal Work-Study Program. On- and off-campus work-study employment assignments are coordinated by the Financial Aid Office.

**The first Step to applying for Financial Aid is to apply for the new FSA ID for BOTH you and your parent/guardian, which stands for Federal Student Aid Identification (the old PIN is been retired). This can be done right now so you have it ready when you submit your application starting October 1<sup>st</sup>.**

Your FSA ID can be used each year to electronically apply for federal student aid and to access your Federal Student Aid records online. If you receive a FSA ID, you agree not to share it with anyone. The FSA ID serves as your electronic signature and provides access to your personal records, so you should never give your password to anyone, including commercial services that offer to help you complete your FAFSA. Be sure to keep your FSA ID in a safe place.

**Go to this website:**

<https://fsaid.ed.gov/npas/index.htm>



## **Apply For A FSA ID**

The FSA ID Application is for students and parents who do not already have a FSA ID and would like to apply for one.

The process consists of 3 steps:

Step 1: Enter Email, Confirm Email

Step 2: Username

Step 3: Password, Confirm Password (expires every 18 months....if you login and your password has expired you will be required to change your password.)

# SCHOLARSHIP SEARCH

## 1. COLLEGES/UNIVERSITIES

Check at the colleges you are interested in. All schools have a Financial Aid page on their website. Click to Scholarship and there will be a list of scholarships that are available at that specific school. Often these scholarships are organized by department, merit, need, diversity, and/or skill/talent. You can get a lot of college information on [www.collegeboard.org](http://www.collegeboard.org)

## 2. SHELDON CAREER CENTER & NAVIANCE

National, state and local scholarship opportunities are posted in Naviance. This list is updated throughout the year so check it often. Some paper applications are located in a file drawer in the career center.

## 3. OREGON STUDENT ASSISTANCE COMMISSION

OSAC puts out a scholarship application each December. Within the OSAC scholarship site is the Oregon Promise (two free years of community college at ANY 2 year public community college in Oregon). BOTH of these scholarship applications are online. The application is due March 1st 5PM and you **must** also submit the FAFSA. The “Early Bird Scholarship” deadline is February 15th 5PM. For more detailed information and the application, go to [www.getcollegefunds.org](http://www.getcollegefunds.org) or [www.osac.state.or.us](http://www.osac.state.or.us).

## 4. WEBSITES

You can go to a search engine, like [www.google.com](http://www.google.com) or [www.yahoo.com](http://www.yahoo.com), type in the word *scholarship* and you will get many scholarship sites. Here are a few of them:

[www.collegeboard.com](http://www.collegeboard.com)

[www.gocollege.com](http://www.gocollege.com)

[www.makingitcount.com](http://www.makingitcount.com)

[www.finaid.com](http://www.finaid.com)

[www.ftc.gov](http://www.ftc.gov)

[www.collegenet.com/mach25](http://www.collegenet.com/mach25)

[www.studentservices.co](http://www.studentservices.co)

[www.scholarships.com](http://www.scholarships.com)

[www.collegefundingco.com](http://www.collegefundingco.com)

[www.fastweb.com](http://www.fastweb.com)

[www.careersandcolleges.co](http://www.careersandcolleges.co)

[www.scholarships101.com](http://www.scholarships101.com)

[www.nela.net](http://www.nela.net)

<http://www.students.gov>

[www.collegesmart.com](http://www.collegesmart.com)

## 5. BOOKS

There are scholarship books that are published annually that list many scholarships. Most books organize the scholarships by college, major/interest, need, merit, diversity and skill/talent. The SHS Career Center has books for you to use in the Career Center and of course you can buy them at a bookstore or Amazon. Libraries also have scholarship books you can check out. (Petersons puts out some of the most detailed books: [www.petersons.com](http://www.petersons.com).) When you use a book for scholarship search – you usually can go to the website they provide you and submit an application online or download an application to mail in. Sometimes you have to write or call the scholarship contact information for an application.



## SCHOLARSHIP TIPS



Download the *Letter of Recommendation* form and *Activities Chart* from Naviance (*left hand side, under pages*) or the Career Center Blog. Using the electronic version, it is easy to copy and paste information into scholarship forms. You will find that many scholarships are asking for the same information. Fill out and make copies of it to give to teachers, school counselor, employers, supervisors, or coaches you may want to write letters of recommendation for you.

Check Naviance once a week or more to check on any new scholarship postings. If you're scouting out the year before....note the application due dates in a google calendar, and put a reminder in to check for a new application. The applications usually **don't** change TOO much, so it would a good idea to work ahead from an old application. Put a note in your google calendar to CHECK for a new application and update accordingly.

Keep a notebook or shared google doc of all scholarship deadlines to keep organized and manage deadlines. Naviance has a planning organizer as well.

Photocopy/scan or take a picture of all of the scholarship applications you mail out for backup. Also, one application may help you fill out the next application.

Keep all of your essays on your computer and/or google drive. You will notice that many of the essay questions become repetitive. You can change each essay for the different essay questions you will be asked.

Find out if your bank or your parent's bank offers scholarships. Also, if you have contacts at local businesses, check to see if they have a scholarship program for high school students. If they don't, but they are interested, they can call OSAC (541-687-7395) to set up a scholarship program.

Do volunteer work or community service. Many of the local scholarships are awarded to students who have given their time and commitment to their community.

Use the Career Center parent volunteers as a valuable resource. They are there to help you with your scholarship search and scholarship questions.

Remember that scholarships usually do not fall into your lap. It is hard work to receive scholarships. You will have to commit a certain amount of time each week to work on your scholarship search. Treat it like a class....apply the same amount of time toward applying for college and scholarships that you would for your toughest class. You may get quite a few rejections along the way, but do not give up. You definitely will not get a scholarship that you don't try for, so go for it! Keep in mind that some scholarships have NO applicants at all....or very few!

Even when a scholarship amount looks small when looking at the cost of tuition - still apply. If it takes you an hour to complete the application and it is "only" for \$100, think "what job out there pays \$100 an hour?" And you can use the money to pay for a couple of books. It will all add up and help you out! Keep contact name and addresses of all of the scholarships you apply for so you can write thank you notes.

# MILITARY INFORMATION

- Each branch of the military has three categories of service offering college funding programs.
- Enlisted Service: Student enters service for a 2-5 year term; federal scholarship funds are available after a set amount of time served.
- Montgomery GI Bill and service college funds can provide up to \$50,000 toward a college degree, depending on Branch and term of service. If your guardian was enlisted and didn't use their GI Bill, inquire if it can be used for their dependants!
- 100% tuition assistance is also available for college courses taken off duty while on active duty.

## LOCAL CONTACT INFORMATION

AIR FORCE	<a href="http://www.airforce.com">www.airforce.com</a>	541-342-6897	MARINES	<a href="http://www.marines.com">www.marines.com</a>	541-343-9955
ARMY	<a href="http://www.goarmy.com">www.goarmy.com</a>	541-342-1191	NAVY	<a href="http://www.navy.com">www.navy.com</a>	541-484-2990
COAST GUARD	<a href="http://www.uscg.mil">www.uscg.mil</a>	360-699-1045	OREGON ARMY	<a href="http://www.goguard.com">www.goguard.com</a>	541-647-4049
			NATIONAL GUARD		

## SERVICE ACADEMIES

- 4 year scholarship: tuition, books, housing, food, medical, dental, plus monthly salary.
- Summer military training and travel required.
- Fiercely competitive selection process: strong emphasis on leadership, sports and physical conditioning, high scholastic scores, and AP math and science.
- Must receive a congressional nomination, except for the Coast Guard Academy. (See your school counselor)
- Must have requested an application prospectus by the summer before your junior year. (Apply online)

## ACADEMY CONTACT INFORMATION

US Military Academy	<a href="http://www.usma.edu">www.usma.edu</a>
US Naval Academy	<a href="http://www.usna.edu">www.usna.edu</a>
US Air Force Academy	<a href="http://www.usafa.af.mil">www.usafa.af.mil</a>
US Coast Guard Academy	<a href="http://www.cga.edu">www.cga.edu</a>

## ROTC – Reserve Officer Training Corps

- On campus scholarships available for 2-4 year terms. (Based on a competitive selection process. Above average GPA, SAT or ACT scores required.)
- About 300 schools (both 2 and 4 year colleges) nationwide participate in some branch of ROTC. Oregon State University (Navy, Air Force, and Army), University of Oregon (Army) and University of Portland (Air Force and Army) offer ROTC programs in Oregon.
- Students must begin the application process by spring of their junior year or early senior year.

*\*Talk to your counselor or see the career center for more updates and information about military options.*