

## Sports:

Let me ask you a question. Do you watch football games, volleyball, baseball/softball, soccer, basketball, or lacrosse? Well, most kids do, and I am one of them. Sports interest kids and adults because they are fun filled environments for everyone to enjoy!

Volleyball is a quick paced game with a lot of talking and movement. The object of the game is to get to 25 points, two sets in a row. If you win one set and the opposing team wins a set then you will go to a third set, and whoever wins that would win the entire match. However if you go to a third set you would only need to get to 15 points to win. The referees: There will be a "head" referee, "down" referee, two line judges, a libero tracker, scorekeeper, and bookkeeper (This person keeps track of the points, substitutions, serves, etc.). The head referee will blow his/her whistle, and motion for the server to serve the ball. Then the opposing team will try to pass the serve to the setter, from there the setter will either set an outside (five), middle (three/two), quick (one), or a nine, which is a back set. The setter could also set a back row player. You can earn a point if you get a "kill" (an un-returnable hit), if the other team shanks a ball (when a player messes up, and the ball goes somewhere far where, nobody can get it), or when the ball drops in the other team's court. People can watch high school, college, kid-sports, or club volleyball games. Volleyball is a very interesting game, and is favored by many.

*Bang!* The ball has made it to the fence, and the runner is advancing to third base. This is what can happen in a baseball game. Baseball is an amazing sport that interests many. The object of the game is to get more runs than the other team. You can score a run by hitting the pitch, or getting "walked" by the pitcher. This means that the pitcher threw four balls that were not in the strike zone. There are three bases in chronological order, one, two, and three. Once you are on third base all you need to do is run and touch home plate without getting out in the process. If you are the home team, you are fielding first, and the other team is batting. The field consists of a catcher, pitcher, first basemen, second and third basemen, shortstop, left field, right field, and center fielder. The people who are batting try to hit the pitcher's ball, and get onto base. There can sometimes be a five run limit (only if you are 12u or under, and play in a.s.a), so when the batting team reaches five runs the teams switch "sides". The field team can switch "sides" by getting three outs. The batting team can switch "sides" if you have a run limit, and reach it. Then both teams would switch to the field, or batting "team". Once you switch that is the end of an inning. There are usually nine innings in a baseball game, and usually has a time limit. As you can see baseball is a very interesting and complicated game that many people enjoy watching, and playing. You can watch kid-sports, club, high school, college, and the major leagues.

There are many sports in the world that people enjoy playing and watching, and the cool thing about sports is that there is a sport for everyone to enjoy. Sports are amazing, and are a good way for people to exercise. I hope people will realize that sports aren't always about winning, but about having fun, gaining friendships, and learning how to manage your time with school and other activities.