

Verbs in the Perfect Progressive Tenses

A **verb** describes what someone (or something) does.

Each **verb** comes in many different forms called **tenses**.

Here's how to form the **present perfect progressive tense**:

have/has + *been* + a **present participle** (-ing verb)

Verb	Present Perfect Prog.	Example
clean	has been cleaning	Nora has been cleaning for an hour.
walk	have been walking	I have been walking since 8:00 p.m.
eat	have been eating	Laura and I have been eating octopus since we were babies.
trying	has been trying	Emma has been trying to juggle for the entire day.

Select the word(s) that make up the **VERB** in the sentences below:

At this rate, William will have eaten all the cake by tomorrow.

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Andrew had been building a submarine in his basement.

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