

MOST WANTED FOODS



At FOOD for Lane County, we are working hard to fight hunger. With your help we can provide our neighbors with more nutritious food. The foods listed below are healthy, have a great shelf life, and tend to be more expensive for us to purchase.

- Canned meats (tuna, chicken, salmon, corned beef)
- Low-sugar fruit, dried fruit, jams and jellies, unsweetened apple sauce
- Canned and dried beans (pinto, navy, kidney, refried)
- Canned stew, chili, hearty soups, and broth
- Boxed macaroni and cheese
- Pasta, rice, cereal, corn meal
- Cooking oil and olive oil
- Canned tomato products (whole, paste, spaghetti sauce)
- Peanut Butter
- Ethnic foods (mole, tortillas, enchilada sauce, cumin, chilies, etc.)

A monetary donation goes even further. For every \$1 we receive, FOOD for Lane County can access and distribute 5 pounds of food.

For more information, or to organize a food drive, call 541-343-2822.

FOOD for Lane County is an equal opportunity provider.

