

Empathetic Response Practice

Read each scenario. Write in a more empathetic response that would make your friend feel more like you are listening to them.

Friend: My favorite food is pizza.

You: Tacos are my favorite.

Possible empathetic response:

You: I got an A on my last math test!

Friend: I really wish I could get better grades.

You: I'm sure you'll do great next time.

Possible empathetic response:

You: What are you doing after school?

Friend: I dunno. Doesn't matter. Who cares.

You: I'm so excited! I'm going to get new shoes! (or whatever)

Possible empathetic response:
