

HomeLink 1

WORKSHOP 1

SEXUALITY AND VALUES

Part 1

At home, spend some time with at least one adult in your family. (You could also do this with more than one adult, or involve one or more siblings as well.) Take turns completing the following statements:

- The part of my personality I like the best is...
- Something that I do well or that makes me unique is...

Do you see each other the same way? Are there other special talents or things that make you each unique that you had not thought of?

Part 2

Discuss the following questions together:

- Do you use the Internet? What for? How often? Where do you use it?
- If so, what sites do you go to for fun or socializing?
- Which devices do you use to go online (computer, tablet, phone)?
- What kinds of messages do you see about gender, stereotypes, and prejudice when you are online?

Word Bank Words for Workshop 1

PUBERTY: The time in a person's life when their body changes to an adult body.

REPRODUCTION: The natural process that produces babies, young animals, or new plants. In humans, this is the process that people commonly say is "how babies are made."

PREGNANCY: The time when a person is carrying an embryo or fetus inside their uterus.

GENDER: A person's feeling or sense, in their mind or heart, of whether they are a boy or a girl, a man or a woman, a combination of both, or neither.

VALUES: Strongly held beliefs about what is valuable, important, or acceptable.

PREJUDICE: Making decisions about a person or group of people before we meet them or get to know them. The word comes from "pre-judge."

STEREOTYPE: A characteristic that someone believes is true of a group of people, lumping the group together instead of seeing them as individuals.

SOCIAL POWER: The influence that some people have over their friends or others to encourage them to do things, even things that might hurt or embarrass someone else. Social power may also encourage people to do things that are kind and helpful.