

# 6th Grade Health 9/24/19

EQ: How many calories are in Fast Food?

CW: Fast Food Posters

No HW

# Agenda

1. Question of the day
2. Mindful minute
3. The Smoking Fry
4. Fast Food Comparisons
5. Begin Fast Food Posters

What is your favorite food? Why?



**Collaborate!**

**What is your favorite food? Why?**



<https://www.youtube.com/embed/6z9Vmp9Jqm0>



<https://www.youtube.com/embed/4wmac-INoXg>



**Collaborate!**

How many calories do you think is in Denny's Grand Slam?

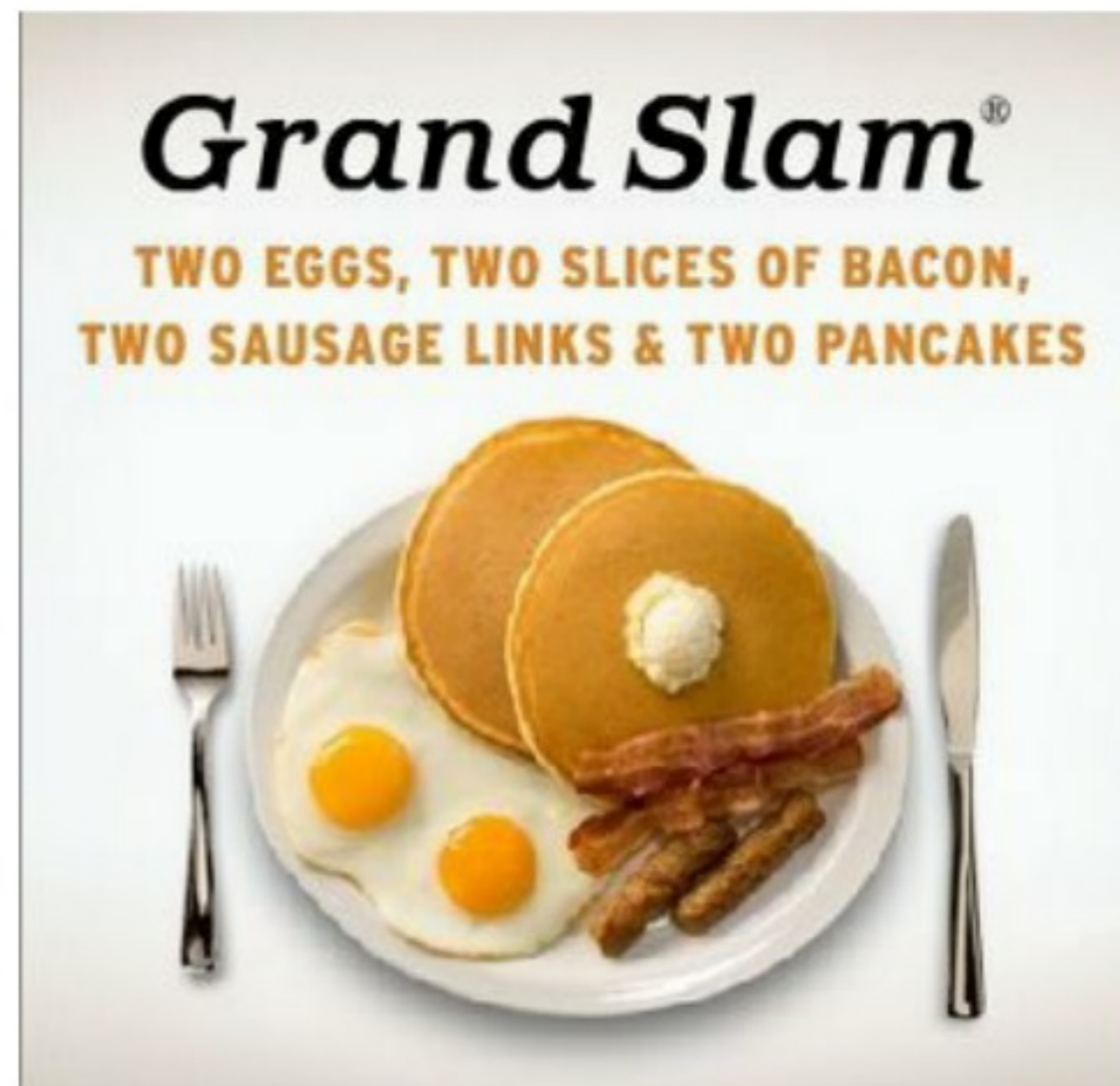


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# Original Grand Slam

840 Calories

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McDonalds nutrition information



All

Images

Shopping

News

Maps

More

Settings

Tools



McDonald's > Menu nutrition

n Sesame See...

Quarter Pounder Deluxe

590 Calories · Burgers

Pico Guacamole Burger on Potato Roll

580 Calories · Burgers

Quarter Pounder Deluxe New York

590 Calories · Burgers

Pico Guacamole Burger on Sesame Seed ...

580 Calories · Burgers

Triple Bacon Cheeseburger

590 Calories · Burgers

Big Mac

540 to 560 Calories · Burgers

Artisan Roll

Triple Bacon Cheeseburger New York

590 Calories · Burgers

McTeri Deluxe

560 Calories · Burgers



Required elements: Two fast food meals – each with at least 3 items. Calorie counts for each item and total calorie counts for each meal.

Labels: One meal should be labeled “Unhealthy” and the other meal should be labeled “Healthier”.

The unhealthy meal should be the one with the higher total calorie count. Items in each meal should be labeled and easy to read.

Attractiveness: Poster should reflect student’s best effort and time. It should be in colored in and effort should be evident.

# Fast Food Poster: **Poster rubric. Poster Due Start of Class Friday 4/13**

Student Name \_\_\_\_\_ Class Period: \_\_\_\_\_ Points \_\_\_\_\_/10

CATEGORY	4	3	2	1
<b>Required Elements</b>	The poster includes all required elements as well as additional information.	All required elements are included on the poster.	All but 1 of the required elements are included on the poster.	Several required elements were missing.
<b>Labels</b>	All items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Almost all items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Many items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Labels are too small to view OR no important items were labeled.
<b>Attractiveness</b>	The poster is exceptionally attractive in terms of design, layout, and neatness.	The poster is attractive in terms of design, layout, and neatness.	The poster is attractive but may be a bit messy or poorly designed.	The poster is distractingly messy or very poorly designed. It is not attractive.



**Required elements:** Two fast food meals – each with at least 5 items. Calorie counts for each item and **total** calorie counts for each meal.

**Labels:** One meal should be labeled “**Unhealthy**” and the other meal should be labeled “**Healthier**”. The unhealthy meal should be the one with the higher total calorie count. Items in each meal should be labeled and easy to read.

<https://cf.nearpod.com/neareducation/new/Webpage/354755553/iconoriginal.pdf?AWSAccessKeyId=AKIAINYAGM2YWP2OWQBA&Expires=2147483647&Signature=HGsy188YJ1nuVESz4zrd3yXym3Y%3D>