

# 6th Grade Health 11/21/18

EQ: How does the media portray sexuality?

CW: Media: Real or Unreal

HW: No HW

# Agenda

1. Everyday life Collages
2. Games

## Class Agreements

1. One person talks at a time, everyone else listens - Be careful with side talk
2. No one must talk about themselves. You can always choose to pass. You may still be called on if the question is not personal.
3. No "put downs", making fun of others or being sarcastic
4. What happens here, stays here (No Gossip - always encouraged to talk with family about class)
5. Try not to laugh, even if it's hard
6. No rude comments (Ex. That's gross)

# Images in Popular Culture

OWL 6th grade workshop 2

# Goals and Objectives

Understand that sexuality is part of everyday life

Identify the ways that everyday life involves different aspects of sexuality

Reflect on sexual images you may encounter in the media

Recognize how the media portrays sexuality and how that may be different from your individual expression and values

Tell the difference between real life and life as portrayed by the media.

# Discussion

How realistically does media show people looking or behaving?

Is it very similar or different from real life? How?

# How Often Do You See...

We are going to discuss TV shows and movies.

I will read each statement and you decide which one (never, rarely, sometimes, all the time) best represents how often you see that image in a TV show or movie.

Raise your hand when you have an answer.

# Discussion questions

How do you think it feels to rarely or never see someone on TV or in movies who looks or acts like you do?

What are some forms of media that show positive images?

Why do you think media doesn't often show images of people with disabilities?

What would you tell a parent/caregiver or friend about media representation of relationships and sexuality?



# Word Bank

**Media literacy**- Someone's ability to think about what they see in the media and decide whether it is healthy. It is also someone's ability to create media that supports their values.

**Media** includes: TV, websites, social media, magazines and newspapers, billboards, radio, and other ways we get news and information.

**Literacy** is the ability to read, write, and make meaning of that information.

What is one thing you will remember from this activity



**Collaborate!**

**What is one thing you will remember from this activity the**

# Conclusion

Sexuality is part of nearly every part of our lives.

There are many different ways that people express their sexuality and live as healthy sexual beings.

There is no single "right" way to experience or express sexuality.

# Board Games

1. Everybody plays
2. Treat the games with respect
3. Clean up carefully so we don't lose pieces