

6th Grade Health 9/27/18

EQ: How can I make healthier fast food choices?

CW: Fast Food Posters

HW: Finish Fast food posters - due tomorrow



What is your favorite outside activity?

Collaborate!

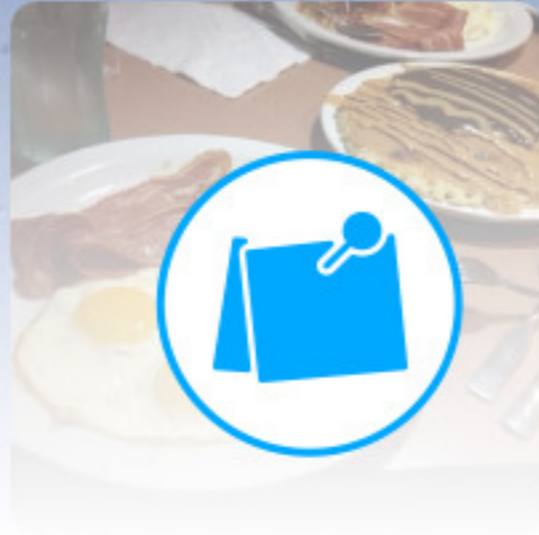
What is your favorite outside activity?

Agenda

1. Finish Fast Food Posters
2. Read Articles linked on my website




<https://www.youtube.com/embed/vx0ZTy2SWfk>



Collaborate!

How many calories do you think is in Denny's

Peanut Butter Cup Pancake Breakfast with hash browns and eggs

 Denny's > Menu nutrition > Peanut B

Peanut Butter Cup Pancake Breakfast with...	T-Bo
1,510 Calories · Favorites	920 (



Required elements: Two fast food meals – each with at least 3 items. Calorie counts for each item and total calorie counts for each meal.

Labels: One meal should be labeled “Unhealthy” and the other meal should be labeled “Healthier”.

The unhealthy meal should be the one with the higher total calorie count. Items in each meal should be labeled and easy to read.

Attractiveness: Poster should reflect student’s best effort and time. It should be in colored in and effort should be evident.

Fast Food Poster: **Poster rubric. Poster Due Start of Class Friday 4/13**

Student Name _____ Class Period: _____ Points _____/10

CATEGORY	4	3	2	1
Required Elements	The poster includes all required elements as well as additional information.	All required elements are included on the poster.	All but 1 of the required elements are included on the poster.	Several required elements were missing.
Labels	All items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Almost all items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Many items of importance on the poster are clearly labeled with labels that can be read from at least 3 feet away.	Labels are too small to view OR no important items were labeled.
Attractiveness	The poster is exceptionally attractive in terms of design, layout, and neatness.	The poster is attractive in terms of design, layout, and neatness.	The poster is attractive but may be a bit messy or poorly designed.	The poster is distractingly messy or very poorly designed. It is not attractive.



Required elements: Two fast food meals – each with at least 5 items. Calorie counts for each item and **total** calorie counts for each meal.

Labels: One meal should be labeled “**Unhealthy**” and the other meal should be labeled “**Healthier**”. The unhealthy meal should be the one with the higher total calorie count. Items in each meal should be labeled and easy to read.

<https://cf.nearpod.com/neareducation/new/Webpage/354755553/iconoriginal.pdf?AWSAccessKeyId=AKIAINYAGM2YWP2OWQBA&Expires=2147483647&Signature=HGsy188YJ1nuVESz4zrd3yXym3Y%3D>

Sara Connors

Health

Fast Food Articles

[How does fast food affect teens?](#)

[How Fast Food Affects Nutrition in Teens](#)

[Top 10 most common ingredients in fast food](#)

OWL Class Resources

[Anonymous Question Form](#)

Class Resources

[Health syllabus](#)

[Anonymous Question Form](#)

[Are you a sugar addict?](#)



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Links

[6th Grade Quizlet #1](#) Click Here to take the quiz

https://blogs.4j.lane.edu/connors_s/6th-grade-health-2/

Notes

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