

Connections Winter Term 2021 Schedule of Seminars

	Monday	Tuesday	Wednesday	Thursday	Friday	
9:00	<i>Advocate</i>		<i>Advocate</i>	<i>Advocate</i>	<i>Advocate</i>	
10:00	Baking <i>Nutrition, Meal plan, shop, Cooking</i>	<i>Advocate</i>	Quick & Easy Meals <i>Nutrition, Meal plan, shop, Cooking</i>	<i>Advocate</i>	Academic Support <i>ABSE study LCC homework</i>	<i>Advocate</i>
11:00	Art & Stories <i>Creativity and listening</i>	How to Make Friends and Connections <i>Building friendship networks</i>	Slow Down Mario <i>DMV permit prep</i>	You are not Alone <i>Group peer support</i>		Job Club <i>I'm trying to get a job</i>
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	
12:30	PE	PE	PE	PE	PE	
1:00	Clean my Crib <i>Independent Living 101</i>		Urban Connections <i>Mobility and Community Awareness</i>	First Aid & Health <i>Physical Health</i>	Laughter is the Best Medicine <i>Healthy Relationships</i>	
2:00	Academic Support <i>Advocate</i>		Academic Support			
2:30			<i>Advocate</i>			
3:00	<i>Advocate</i>	<i>Advocate</i>	<i>Advocate</i>	<i>Advocate</i>	<i>Advocate</i>	