

Girls Basketball Team Camp

**The Longest Running Team Camp in the Northwest!
Developed by High School Coaches for High School Teams**

**June 16-20th, 2024
@ University of Portland
Portland, Oregon
Cost: \$375.00 per player
Or \$1500 per team for commuters
(3 Different Levels of Play)**

Are you looking for a team camp that offers you more than just playing games and practicing on your own? This Team Camp is open to all entrants and been developed by former high school coaches and offers an intense week of practicing, drilling, scrimmaging and playing full court games against tough competition. All of these drills and practice sessions involve team play against other teams. Work on all aspects of the game: zone, man, O3 plays, transition offense and defense, press, game situations and more! Each coach works solely with his/her own team. Although highly competitive, no score is kept during games or scrimmages. This is to allow coaches to use all players without fear of losing a game. One of the highlights of this camp is the camaraderie of the coaches. With so much work against other teams, coaches get a chance to see how other teams practice and spend time learning from one another.

This Team Camp draws numerous teams, of all levels of competition, from states such as Washington, Oregon, Idaho, Alaska and even as far away as Illinois. Most of these teams will return annually because they are able to accomplish so much during the week. If you want a great week of basketball with your team, don't miss this team camp! Coaches conservatively estimate that participating at this camp will save you three weeks of in season practice time as you will have competitive practice time with other teams, not just practicing on your own.

We are excited to be back at University of Portland this year. They have an outstanding facility with a great, small college feel. The facility is equipped with 6 full courts. We will also use local schools in the area which is in close proximity. They all offer a great set up of gyms.

Camp Fee Includes:

Housing at University of Portland.

All you can eat meals beginning with dinner Sunday through breakfast on Thursday.

HIGHLIGHTS:

- Extensive team practice sessions
- 3 full games daily
- Full and ½ court scrimmage situations
- The opportunity to practice and play with your team & coach

THIS SUMMER WE WILL ALSO BE ADDING TO THE CURRICULUM:

- Individual Fundamental Opportunities
- Team Building Activities