

Zimbra**chinn@4j.lane.edu**

Re: CPS training

From : Jason Tracy <tracy_j@4j.lane.edu> Thu, Jun 06, 2024 03:49 PM
Subject : Re: CPS training
To : Allan Chinn <chinn@4j.lane.edu>

Hi Allan,

Staff members will learn to use the CPS approach developed by Dr. Ross Greene in order to solve problems collaboratively with kids, thereby reducing problematic behaviors in the environment. Unsolved problems lead to behaviors, solved problems do not. Primary elements of the model are:

- 1) the identification of unsolved problems
- 2) the three possible responses to unmet expectations (Plan A, Plan B, Plan C) and
- 3) the ingredients of the Plan B conversation.

Type 1 session is a meeting where we identify thinking skill difficulties and unsolved problems of a kid with problems. Grown ups only.

Type 2 session is a teaching session where the the model and the three plans are explained more in depth, using as example one of the unsolved problems from the Type 1 session. Still only grownups.

Type 3 session is where the trainer and the staff person being coached meet with the kid and the trainer models Plan B and engages the kid in a collaborative discussion.

Type 4 session is where the staff and trainer switch roles and the staff works with the kid to solve problems (Plan B) and trainer is there for support/guidance as needed.

www.livesinthebalance.org has a wealth of information for you and your staff to explore if you wanna get info that way...but I am always happy to provide further detail or answer questions.

In a nutshell of buzzwords, staff would learn an evidence-based, non-adversarial, trauma-informed, restorative, neuro-developmentally appropriate approach to addressing behaviors of concern through the teaching of thinking and problem solving skills, in accordance with statewide transformative social emotional learning initiatives.

Less buzz: A very effective way of getting expectations met. :)

Let me know if you want to chat about it soon or have any other questions.

Thanks and Cheers!

-Jason

From: "Allan Chinn" <chinn@4j.lane.edu>
To: "Jason Tracy" <tracy_j@4j.lane.edu>
Sent: Thursday, June 6, 2024 2:24:51 PM
Subject: Re: CPS training

Hi Jason,

I saw your email, but wasn't super clear on the PD.

Do you have more of a description of what each session is and what staff will have learned by the end?

I'd like to be able to share that with staff before committing.

Thanks,

Allan

*Allan Chinn
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From: "Jason Tracy" <tracy_j@4j.lane.edu>
To: "Allan Chinn" <chinn@4j.lane.edu>
Sent: Thursday, June 6, 2024 12:55:19 PM
Subject: CPS training

Hi Allan,

I shared a document with you in which we are starting to schedule training sessions for a handful of schools with leaders we have already had some convo about CPS with. We haven't talked too much about it but I have you on my list based on our few brief interactions/discussions. In the training calendar doc

<https://docs.google.com/document/d/1Lg7wx0amsx4HjdbPRRpakbx7RqXzoV6FzqiDU72xdJ0/edit>

you will find a link to another doc that sketches out the staff training options. I'm putting a link to that doc right after this sentence for your convenience. :)

https://docs.google.com/document/d/1-6txBe9LrLUT5dn46m7LRXResBMdbiiZysMuReILA_o/edit

Cheers,

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>>>Introduction to CPS<<<

[Unsolved Problem Planning Guide](#)

[Plan B Tips](#)

[Tier 1: Evidence-Based Classroom Strategies](#)
