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**To:** "pe tchrs el" <pe\_tchrs\_el@4j.lane.edu>  
**Sent:** Thursday, April 27, 2023 3:10:21 PM  
**Subject:** [pe\_tchrs\_el] Update for PE Minutes for 2023-2024

Hello Elementary PE Teachers!

I wanted to give you an update on a proposal that has gone to the Instructional Cabinet regarding PE minutes for the next school year.

We talked a little about PE minute requirements at our PD in April. [Oregon law](#) requires K-5 public school students to have 150 minutes of PE a week. (If you want to read more about the progression of this law, the delay due to COVID, and the current expectations, check out these 2 links from ODE: [PE Requirements Timeline](#) [Physical Education Requirements](#).) Here is the [ODE](#) site for more information as well.

Currently, 4j is out of compliance with this law and could lose some of our state funding if corrective actions are not taken. The proposal that is currently being considered is this:

- Adding 1 more PE class a week to get a total of 90 minutes of PE with PE teachers.
- Implementing the BEPA 2.0 program into the classrooms with classroom teachers for 15 minutes 4 days a week for a total of 60 minutes a week.

Vision for Implementation:

- PE teachers attend the 3-hour BEPA 2.0 training. (Details TBD)
- Each classroom teacher will receive a [BEPA 2.0 kit](#).
- PE teachers would train their staff on using the BEPA 2.0 kits. (Details TBD)
- More FTE allocated to PE for the extra classes using the [PE/Music Guidelines](#) to ensure no workload issues

More details regarding logistics and what has been approved will be coming soon. Please feel free to share any questions, excitement, concerns, ideas, and thoughts you might have. I ask that you sit with this idea for at least 24 hours, come back to it, and then send me your questions, concerns, ideas, and thoughts.

Thanks for all you do! I'm looking forward to this transition as we work to celebrate the importance of PE and better adhering to ODE guidelines and getting our students more active!

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