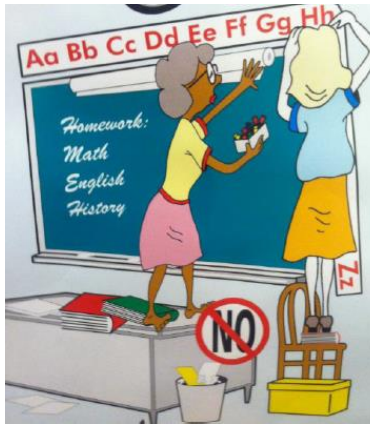


Help Prevent Injuries

DO NOT stand on Desks or Chairs



USE a 4J Safety Ladder



**MAINTAIN
3 POINT
CONTACT
WHILE CLIMBING
LADDERS**

**TWO HANDS AND
A FOOT OR
TWO FEET AND
A HAND**