

Eugene School District 4J Elementary School Culinary Competition

TO: Elementary School Principals and Teachers
FROM: Ben Guyton
DATE: 12/11/18

Hello everyone,

We're thrilled to announce this year's Future Chefs Event! This year, we're accepting recipe entries from grades 1 through 5. The cook off competition will be Saturday, March 16th.

The idea behind this event is to help educate kids in HEALTHY EATING HABITS. Too often we hear about obesity in kids and kids not making the right choices in terms of their eating habits. That's why we want kids to submit recipes for their favorite Fiesta Fit - healthy Mexican* food!

Judging will be based on the following criteria:

- Originality
- Kid Friendly
- Ease of Preparation
- Healthy Attributes
- Plate Presentation
- Taste

Timeline of the event:

1. Flyers for classrooms and bulletin boards will be delivered to your school for posting as soon as you get them.
2. A stack of blank recipe cards will also be delivered to your school to go out in packets. We hope you will be able to send them before winter break. You will also get a PDF copy in case they are super popular.
3. Kids who would like to participate will fill out the recipe card and return it to the cafeteria **by 1/16/19**. This is the **Return By** date on the recipe card.
4. Teachers who collect the recipe cards will give them to the cafeteria by 1/16/19.

5. Buildings return recipes to **Food Services** at the **Ed Center** no later than **1/18/19**.
 6. A distinguished panel of judges will evaluate recipe submissions and narrow the number of finalists down to one winner per school.
 7. Those finalists will be formally invited to a Culinary Competition "Cook-Off" on **Saturday, March 16th**, tentatively scheduled for **9am-2pm**.
- All Finalists will receive a framed plaque and recipe book just for being selected.

The local press will be invited to take pictures of the kid's creations and parents and friends can view (*and taste!*) the final product during the reception portion of the event.

Transportation of the kids will not be provided for the competition. Kids will need to be dropped off and picked up at **Sheldon High School**.

Each group of kids will have a kitchen staff member assigned to help them to ensure that there are no safety issues. This will ensure safe food and preparation practices are followed and no one gets harmed.

As an added bonus, our competition is just one of hundreds of local competitions that Sodexo will be orchestrating across the country in March. The winning recipe from each event will be entered to win a national competition in April. More details will follow, but we're lining up some great prizes for those that are chosen to receive national recognition!

Please let me know if I can answer any questions or concerns.

Ben Guyton
Food Services Administrator
Eugene School District 4J
541-790-7658
541-729-9769
guyton_b@4j.lane.edu



**HEY
STUDENTS!**

CAN YOU COOK?



Calling all **“FUTURE CHEFS”** for our
CULINARY COMPETITION

**WE’RE LOOKING FOR YOUR FAVORITE
HEALTHY MEXICAN RECIPE!**

One lucky winner from each school will be chosen as finalists to compete in our contest at Sheldon High School on **Saturday, March 16th**. As an added bonus, the winner of this event will be entered into our National Competition for some great prizes!

**LOOK FOR YOUR ENTRY
FORM COMING SOON!**

Forms will be in your school packet, the Cafeteria, and in the Main Office! Turn them in to the Cafeteria or Main Office by **Wednesday, 1/16/19**.

HEY ESTUDIANTES!

PUEDES COCINAR?



Llamando a los “**FUTUROS CHEFS**” para
nuestra COMPETENCIA CULINARIA

**ESTAMOS BUSCANDO TUS RECETAS
SALUDABLES MEXICANAS!**

Un afortunado ganador de cada escuela serán escogidos como finalistas para competir en nuestro concurso en Sheldon escuela preparatoria en **Sábado, el 16° de marzo**. Como un bonus adicional, el ganador de este evento será entrado en la competencia nacional para obtener grandes premios!

**¡BUSCA SU FORMULARIO
DE INSCRIPCIÓN
PRÓXIMAMENTE!**

Están disponibles en su paquete escolar, la cafetería, y la oficina principal! Entregalos en la cafetería o oficina principal antes del miércoles 1/16/19.