



Lane County Family Mediation Family Check-Up Service

Are you the parent of a child, ages 2 to 17?

Are you interested in earning \$150 by attending three appointments for a ***Family Check-up***?

At the third appointment, our professional staff will offer tips that build on your strengths in communicating more effectively with your child.



Would you enjoy:

- Communicating more calmly and clearly with your child?
- Encouraging positive behaviors in your child on a daily basis?
- Greater success in resolving emotional conflicts with your child?
- Setting effective limits when your child is defiant or disrespectful?

Family Check-up consists of three appointments:

- Meet with our staff to share information about your family.
- Work on tasks with your child in a videotaped session.
- Discuss strengths and areas of possible concern.

This service is available only for members of Trillium Community Health Plan.

Lane County Family Mediation
151 W. 7th Avenue, Suite 360
Eugene, OR 97401

Call (541) 682-3962 (press #2) to schedule an appointment.
www.lanecounty.org/mediation